

THE XT3700

CONVERGE ON THE BEST-FEELING ELLIPTICAL

XT3700

The preferred model by health club members, Octane's incredibly popular XT3700 is known for delivering the absolute best-feeling workouts.

OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced training — 30:30 and MMA
- Exclusive Workout Boosters
- CROSS CIRCUIT compatible



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and assist with fitting every exerciser better.

MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

LCD EXPERIENCE

Please every member with individual viewing screens for the ultimate workout experience.

XT3700 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride length	24" (61 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
CROSS CiRCUIT compatible	○
Phone holder	2
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (ANT+™ and Polar®)	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE®	•

CONSOLE OPTIONS

Smart	○
Standard	○

ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

WORKOUTS

Number of programs	13
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•

ADVANCED PROGRAMS

CROSS CiRCUIT Solo	•
CROSS CiRCUIT Group	•
30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	33" x 77" (84 cm x 196 cm)
Footprint - live area (W x L)	37" x 87" (94 cm x 221 cm)
Product weight	342 lbs (155 Kg)
Footprint with CROSS CiRCUIT stands (W x L)	37" x 87" (94 cm x 221 cm)
Product weight with CROSS CiRCUIT stands	392 lbs (178 Kg)

WARRANTY

Parts	3 years
Labor	1 year

*Smart console only