

UB521m UPPER BODY ERGOMETER

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PROGRAMS	ADVANCED FEATURES
Custom Interval	Bidirectional adjustable crank
Random	Super low starting resistance
Hill	Body position adjusts 73 degrees
Iso Kinetic	Removable seat for wheelchair users
Iso Strength	MAX USER WEIGHT
Cardio & Weight Loss HRC	500 lbs.
Custom HR	WEIGHT
FEEDBACK	253 lbs.
Workout Level	DIMENSIONS (LxWxH)
Calories	Smallest: 69" x 32" x 55"
Time	Largest: 69" x 32" x 75"
RPM	PERFORMANCE FEATURES
Distance	20 levels of resistance
METS	120v power supply
WATTS	HEART RATE TOOLS
Speed	CardioAdvisor™
Heart Rate (Actual & Target)	Telemetry Heart Rate
DISPLAY	COMMERCIAL WARRANTY
Dot matrix with LEDs	Use profile: high-use facilities 24/7
ActivZone™ Icon	Lifetime frame
Rotates 85 degrees for easy viewing	5 years parts
	1 year labor

KEY FEATURES

Bidirectional, adjustable crank - gradually increase range-of-motion radius with settings of 6.5", 7.5", 8.5" and 9.5"

Display console rotates 85 degrees for easy viewing, regardless of body position

Low starting resistance - levels 1-20 adjust in increments of 1/10th

Smooth belt-drive operation

Shock-assisted seat adjustment

Body position angle adjusts 73 degrees - making handle positions comfortable for seated or standing users

Removable seat for wheelchair access or standing users



The UB521m features an easy-to-operate dot matrix display with bright LED readouts.