



CARDIO INDOOR CYCLE

Get more when you give more. Motivate members to put more energy into their bike workout with a comfortable and rewarding ride from the FreeMotion s11.8 Indoor Cycle. This ergonomically-correct bike is rust-resistant and solid to the core. An inertia enhanced flywheel and an eddy current magnetic resistance system gives riders the HIIT functional training they want to get results they can feel. Dual-sided pedals and height customization can fit 90% of all facility members. The "true ride"-feel makes this FreeMotion cycle a fun, sweat-inducing aerobic and strengthening workout.

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S11.8 INDOOR CYCLE CARBON DRIVE™ SYSTEM

SPECIFICATIONS

Drive System	Carbon Drive™ System
Resistance System	Magnetic Eddy Current
Pedal	Dual-Sided with SPD
Assembly Hardware	Stainless Steel
Frame	Steel Frame
System Inertia	High Inertia
Flywheel	Cast Iron with Aluminum Outer Ring
Pop-Pin	Stainless Steel
Fore/Aft Adjustment	Handlebars and Seat
User Weight Capacity	350 lbs. (159 kgs)
Other	Transport Wheels, 2 Integrated Bottle Holders
Dimensions (LxWxH)	50 x 20 x 48 in (127 x 51 x 122 cm)

______ WARRANTY ______ 15-Year Frame | 5-Year Carbon Drive™ Belt | 3-Year Parts | 1-Year Labor | 6-Month Wear Items

FEATURES

1 COMFORTABLE, ADJUSTABLE SADDLE Ergonomically-designed saddle offers both pressure relief and support for the ultimate in user comfort. 2 CARBON DRIVE[™] SYSTEM A first ever in indoor cycling, the Gates® Carbon Drive™ System features the smooth, quiet benefits of a belt drive and the high-inertia, non-slip benefits of a chain drive. Plus, it's virtually maintenance free. DUAL-SIDED PEDALS WITH SPD 3 Compatible with the majority of cycling-appropriate shoes, these dual-sided pedals accommodate both high-performance SPD cleats and traditional fitness shoes. STEEL FRAME 4 The s11.8 Carbon Drive™ Indoor Cycle frame features a commercial-grade, welded steel frame with enhanced corrosion resistance, and electro deposit coating. 2" FORE/AFT HANDLEBAR AND SEAT ADJUSTMENT 5 Designed for safety and comfort, the fore/aft adjustments allow the user 2" ranges. Over 90% of users will fit safely with both fore/aft adjustments in the neutral position. 6 **QUICK-STOP BRAKE** Conveniently incorporated, the quick-stop brake is within easy reach. 7 MAGNETIC RESISTANCE This sophisticated system delivers consistent resistance for every bike. Plus, with no brake pads to maintain, the magnetic resistance system is virtually maintenance free. 8 HIGH-INERTIA, CAST-IRON FLYWHEEL With the weight on the outer edge, the S Series flywheel contributes to a high inertia system, which delivers a smoother riding experience.

OPTIONAL | Console and Power-Sensing Crank Arm (FMPW17)