



## r 12.4 **RECUMBENT BIKE**

FME82614



### PRODUCT SPECIFICATIONS

Resistance	40 Digital Resistance Levels with 1-Step™ Controls
Resistance System	Hutchinson® Belt Drive System
Programs	32 Preset Workouts
Flywheel	30 Lb. Inertia-Enhanced Flywheel
Display Type	10" HD Full-Color Touchscreen TV
Max User Weight	400 lbs.
Footprint (LWH)	72" x 24" x 58"
Warranty US/Canada Only	7-Year Frame 2-Year Parts 1-Year Electronics, Console & Labor
International Warranty	7-Year Frame 2-Year Parts 1-Year Electronics, Console

### FEATURES & BENEFITS

**10" FULL-COLOR HIGH-DEFINITION TOUCHSCREEN TV** › Browse Facebook, access Google Maps™, and watch YouTube all while working out. Our 10-inch touch TV has it all loaded and ready to go. Simply plug in your headphones when you're ready to listen in on your favorite shows. This web-enabled console has a built-in TV tuner with analog and digital signals. Charge your devices via the USB port. Then, access all your key workout stats like speed, time, incline, distance, calories, calories per hour, and heart rate, as well as a speed chart, incline chart, and heart rate chart.

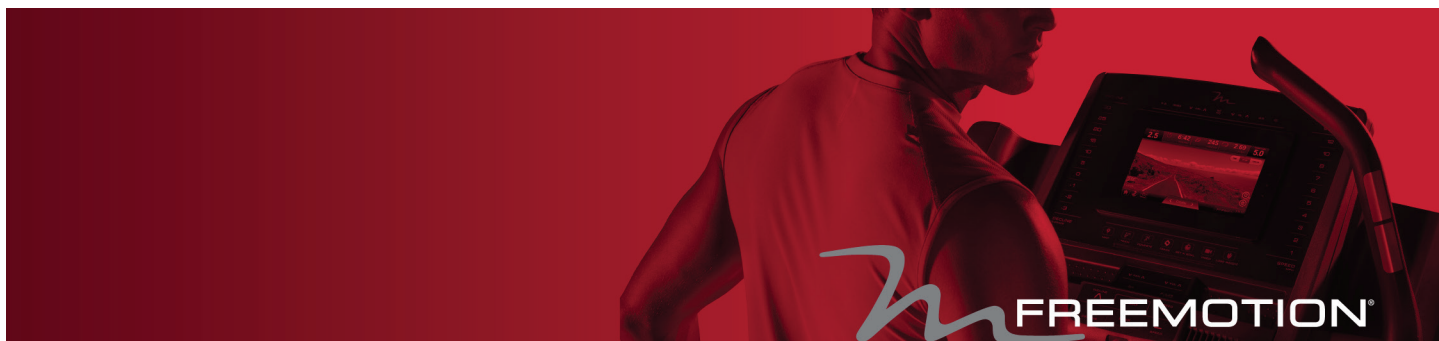
**PRESET WORKOUT APPS** › Take the guesswork out of your fitness with these built-in programs. Choose from 32 manual and custom workouts including heart rate, weight loss, race training, high intensity, and calorie burn.

**40 RESISTANCE LEVELS** › Turn up your intensity with 40 levels of resistance to choose from. Start out easy and then progress to intense.

**DUAL GRIP PULSE SENSORS WITH POLAR® WIRELESS RECEIVER** › Make the most out of every workout by monitoring your heart rate with these built-in handlebar sensors. They will ensure you are in the right training zone for your goals. The r12.4 is also compatible with Polar® wireless chest straps\* if you're looking for a hands-free experience.  
\*Wireless chest strap sold separately.

**STEPTHRU™ DESIGN** › The StepThru™ frame is easier to get on and off than a traditional bike frame.

**FREEMOTION®**  
877.363.8449 › [www.freemotionfitness.com](http://www.freemotionfitness.com)



**HUTCHINSON® J10 BELT DRIVE SYSTEM** › The Hutchinson® Belt Drive System is one of our quietest drive systems and offers a smooth ride and a comfortable workout.

**3-PIECE CRANK** › Enjoy a smooth, comfortable ride. We separated the spindle from the crank, which creates a stronger, more durable design and a more realistic cycling experience.

**QUICKLIFT™ OVERMOLDED SEAT** › For easy, secure seat adjustments, simply lift the lever and quickly slide the seat to the desired position and it locks in place. The seat itself features an ergonomic, padded design for superior comfort.

**SELF-LEVELING PEDALS** › These pedals keep your feet level, which reduces ankle rotation and keeps your workout comfortable. Plus you can adjust the fitting to make sure your feet stay securely on the pedals while exercising.

**TRANSPORT WHEELS** › Moving this bike from one place to another is fast and easy with the built-in wheels.

**WEIGHT CAPACITY** › This bike accommodates up to 400 pounds.



## OVERVIEW

- › 10" HD Full-Color Touchscreen TV
- › 40 Digital Resistance Levels
- › Dual-Grip Heart Rate Monitor with Polar® Wireless Receiver\*
- › Hutchinson® Belt Drive System
- › 32 Preset Workouts