

FITWALL®



You are the Machine!™

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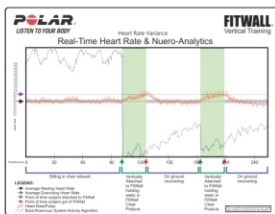
US & International Patents Pending

VERTICAL TRAINING[™]

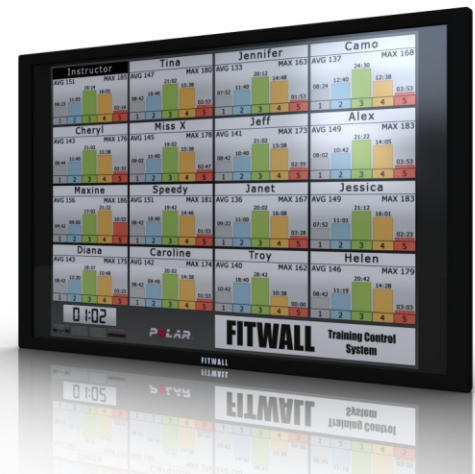
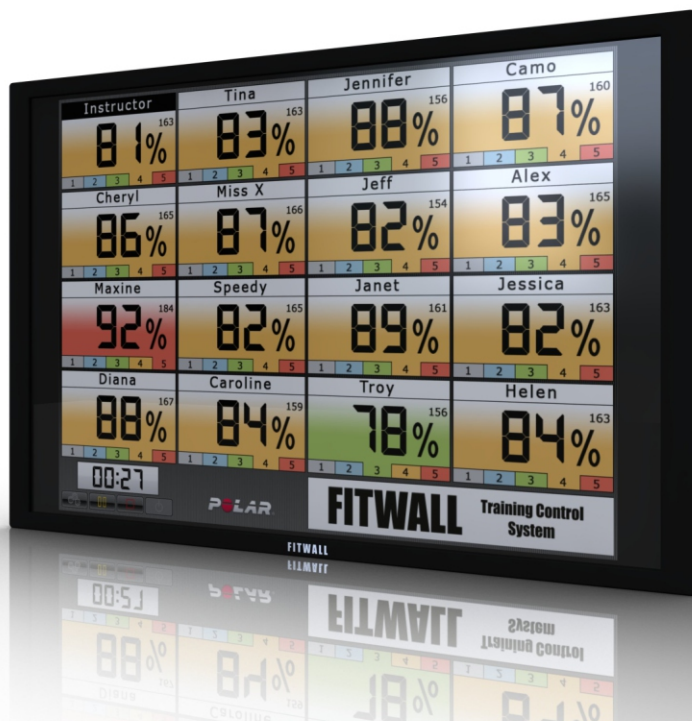
International & US Patents Pending
MADE IN THE USA



Training Control System[™]



Monitor and record every second of programming!



★ You are the Machine!™

No technology, no gimmicks, just you and the Wall.

Wake up your body and brain and make connections you have never experienced before. Vertical Training™ is exercise done on a vertical surface with only you the means of attachment. This triggers a guarded response from the Autonomic Nervous System, which automatically turns on all the muscles in your body. We call this Global Muscle Integration. It's a good thing!

★ Better Results, Less Time!

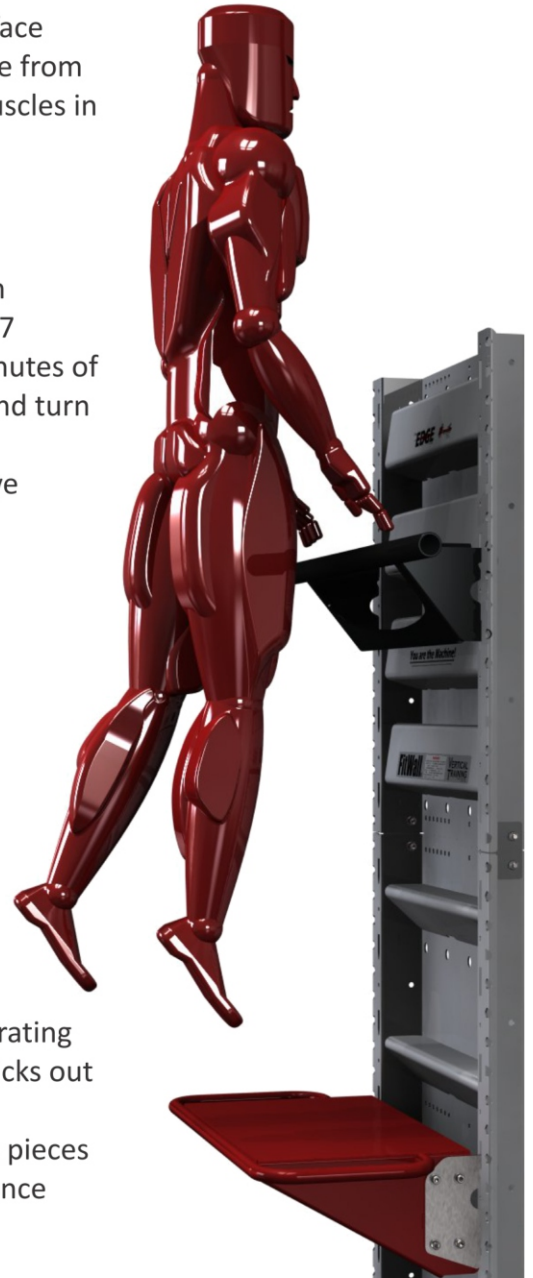
With FitWall, it's all about Vertical. Turn on all 600 muscles and get them working together to flush carbohydrate stores and start burning fat in 3-7 minutes. The secret is Global Energy Consumption. The result, 10-30 minutes of fun, heart pumping, fat blasting training that will rev your metabolism and turn you into a fat burning machine. Five minutes vertically on the FitWall is equivalent to forty-five minutes on a treadmill at thirty degrees. Goodbye boring cardio workout, hello FitWall!

★ The Next Level of Functional Training

Prepare for all that life can throw at you! FitWall is the only multi-dimensional piece of fitness equipment available. There are over 800 vertical exercises and over 9,000 total movements incorporated with the use of the FitWall. Enhance your facility by developing FitWall programs to build strength, muscular endurance, cardiovascular fitness, power, and core body development. The only limitation is your imagination!

★ Bottom line, A Great Investment!

Give us an unused wall in your facility and we'll give you a revenue generating functional training center. FitWall can mount directly to your wall and sticks out less than 4", or anchored into the floor to become 30" x 18" column of awesomeness. Best part, FitWall costs less than most commercial cardio pieces and is virtually maintenance free. Gone are the days of annual maintenance costs, motor issues, worn out belts, and A/V malfunctions. With FitWall: You Are the Machine!



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A Perfect Fit for:

- Health Clubs
- Personal Training Studios
- University Recreation
- University Athletic Performance
- K12 Physical Education
- Police
- Fire Departments
- Community Centers
- YMCA / YWCA
- JCC
- Dance Studios
- Military / Government
- Medical Fitness Programs
- MMA Gyms
- And more!



FITWALL®

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