



# ELLIPTICAL E840

SPORTSART FOUNDATION SERIES ELLIPTICALS ARE THE PERFECT OPTION FOR EXERCISERS LOOKING FOR A TOTAL-BODY, LOW-IMPACT WORKOUT. THE CONTACT HEART RATE IS STANDARD AND A WIRELESS POLAR® HR RECEIVER IS BUILT IN, MULTIPLE LANGUAGE OPTIONS ARE INCLUDED (ENGLISH, SPANISH AND FRENCH).

- DUAL-ACTION MOTION PROVIDES A TOTAL BODY WORKOUT
- 17"-29" ELECTRONICALLY ADJUSTABLE STRIDE LENGTH ALLOWS THE USER TO FIND THE STRIDE THAT FITS THEIR BODY AND WORKOUT STYLE
- ullet ZoneTrainer  $^{ extstyle extstyle$
- VARI-STRIDE<sup>™</sup> PROGRAM SLOWLY VARIES STRIDE LENGTH FOR GREATER CALORIE BURN AND WORKS MULTIPLE MUSCLE GROUPS IN ONE SESSION
- 40 LEVEL OF RESISTANCE
- ullet MYFLEX  $^{\mathbb{T}^{\mathbb{M}}}$  PEAL CUSHIONING SYSTEM PROVIDES A COMFORTABLE WORKOUT PLATFORM

OVERALL WEIGHT	DIMENSIONS	Resistance Level	Stride Length	Maximum User Weight
123 Kg	2020 x 790 x 1730 mm	40 LEVELS	18" - 25.5"	l 80 Kg

## FEATURES AND SPECIFICATIONS

### FEEDBACK

HEART RATE , CARDIO ZONE , WEIGHT LOSS ZONE , ACTIVE ZONE CALORIES , LEVEL , TIME , DISTANCE , STRIDES/MIN , STRIDES/MIN STRIDES , HUMAN WATES

### WORKOUT PROGRAM

Manual , Random , Interval(x3) , Plateau , Vari-stride(x3) Glute , Fitness program , HRC program

### ACCESSORIES

- CSAFE PORT (STANDARD)
- USB port (x2) for device charging (standard)
- IPOD, IPHONE 30-PIN CONNECTOR OPTION (OPTIONAL WITH LEE CONSOLE)
- ECOFIT™ & SA WELL+™ WORKOUT TRACKING FUNCTION (OPTIONAL)
- EXTERNAL MOUNT TV BRACKET (OPTIONAL)
- HR TRANSMITTER BELT (OPTIONAL

WARRANTY