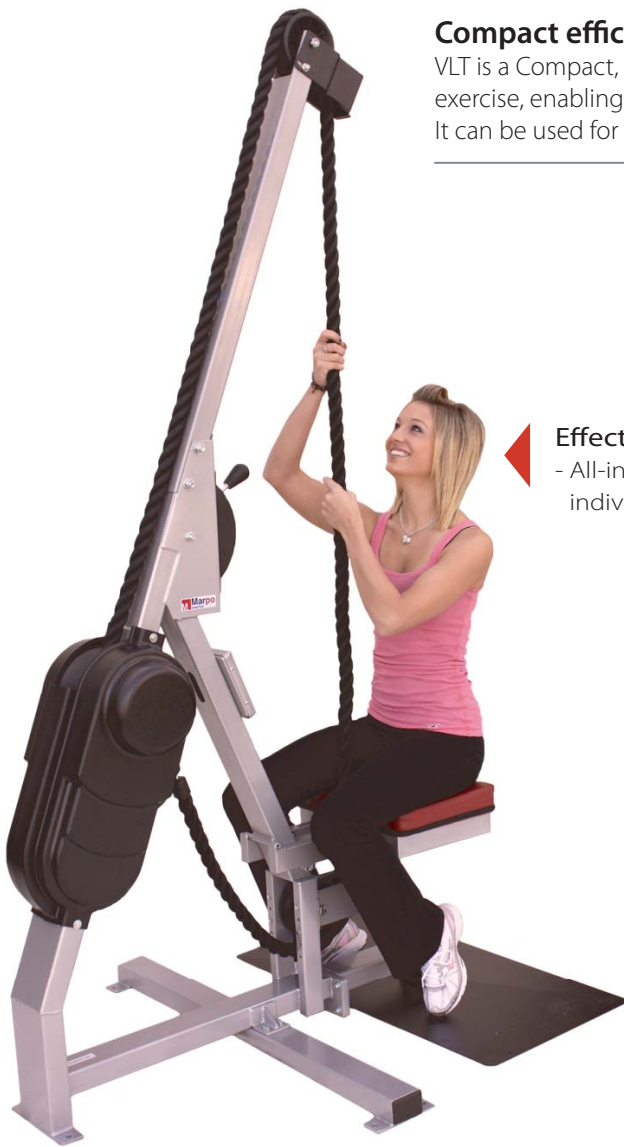


VLT - COMPACT ROPE TRAINER

Compact efficiency

VLT is a Compact, Light-Weight and easy-to-use Rope Trainer that offers a simulation of rope-climbing exercise, enabling users to achieve full upper-body strength and cardio workout with a single exercise. It can be used for strength training, upper-body cardio, rehabilitation and children's fitness programs.



- ▶ **Effective and engaging workouts**
- All-in-one upper body workout or individual muscle group isolation

Easy-to-remove seat

- Work out seated or standing
- Enables wheelchair accessibility



- ▶ **Bi-directional rope pull**
- Pull rope down or pull it up
 - Enables total-body workouts

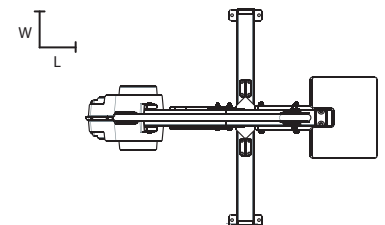
FEATURES AND BENEFITS

- Compact unit for strength, cardio or rehabilitation exercises.
- Safe and easy to use for users of all ages and fitness levels.
- 7 resistance settings with dynamic breaking system that adapts to each user.
- Specially designed rope is soft and easy to grip, yet durable and long-lasting.
- Electronic display tracks distance, time, speed and calories.
- Unit dimensions (LxWxH): 43" x 40" x 90" (110 cm x 102 cm x 229 cm)
- Unit weight: 150 lbs. (68 kg)

WARRANTY

Lifetime: structural frame, weight stack plates (excluding coatings), 1 year: rope, pulleys, bearings, belts, cables, labor, 90 days: upholstery stitching

Top View:



MARPO